Medication Guide

BUTRANS® (BYOO-trans)
(buprenorphine) Transdermal System, CIII

BUTRANS is:
- A strong prescription pain medicine that contains an opioid (narcotic) that is used to treat moderate to severe around-the-clock pain.

Important information about BUTRANS:
- Get emergency help right away if you take too much BUTRANS (overdose). BUTRANS overdose can cause life-threatening breathing problems that can lead to death.
- Never give anyone else your BUTRANS. They could die from taking it. Store BUTRANS away from children and in a safe place to prevent stealing or abuse. Selling or giving away BUTRANS is against the law.

Do not use BUTRANS if you have:
- severe asthma, trouble breathing, or other lung problems.
- a bowel blockage or have narrowing of the stomach or intestines.

Before applying BUTRANS, tell your healthcare provider if you have a history of:
- head injury, seizures
- liver, kidney, thyroid problems
- problems urinating
- heart rhythm problems (Long QT syndrome)
- pancreas or gallbladder problems
- abuse of street or prescription drugs, alcohol addiction, or mental health problems.

Tell your healthcare provider if you:
- have a fever.
- **are pregnant or planning to become pregnant.** BUTRANS may harm your unborn baby.
- **are breastfeeding.** BUTRANS passes into breast milk and may harm your baby.
- are taking prescription or over-the-counter medicines, vitamins, or herbal supplements.

While using BUTRANS:
- Do not change your dose. Apply BUTRANS exactly as prescribed by your healthcare provider.
- See the detailed Instructions for Use for information about how to apply and dispose of the BUTRANS patch.
- Do not apply a BUTRANS patch if the pouch seal is broken, or the patch is cut, damaged, or changed in any way.
- Do not apply more than 1 patch at the same time unless your healthcare provider tells you to.
- You should wear 1 BUTRANS patch continuously for 7 days.
- **Call your healthcare provider if the dose you are taking does not control your pain.**
- **Do not stop using BUTRANS without talking to your healthcare provider.**

While using BUTRANS Do Not:
- Take hot baths or sunbathe, use hot tubs, saunas, heating pads, electric blankets, heated waterbeds, or tanning lamps. These can cause an overdose that can lead to death.
- Drive or operate heavy machinery, until you know how BUTRANS affects you. BUTRANS can make you sleepy, dizzy, or lightheaded.
- Drink alcohol or use prescription or over-the-counter medicines that contain alcohol.

The possible side effects of BUTRANS are:
- constipation, nausea, sleepiness, vomiting, tiredness, headache, dizziness, itching, redness or rash where the patch is applied. Call your healthcare provider if you have any of these symptoms and they are severe.

Get emergency medical help if you have:
- trouble breathing, shortness of breath, fast heartbeat, chest pain, swelling of your face, tongue or throat, extreme drowsiness, or you are feeling faint.

These are not all the possible side effects of BUTRANS. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. **For more information go to dailymed.nlm.nih.gov**

Distributed by: Purdue Pharma L.P., Stamford, CT 06901-3431, **www.purduepharma.com or call 1-888-726-7535**

This Medication Guide has been approved by the U.S. Food and Drug Administration.
Issue: July 2012

Butrans® CIII
(buprenorphine) Transdermal System

Reference ID: 3292562

This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signature.

/s/

JUDITH A RACOOSIN
04/15/2013

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Food and Drug Administration
Silver Spring MD 20993

NDA 021306/S-012

SUPPLEMENT APPROVAL

Purdue Pharma, L.P.
One Stamford Forum
Stamford, CT 06901-3431

Attention: [redacted] Ph.D.
Executive Director, Regulatory Affairs

Dear [redacted]

Please refer to your Supplemental New Drug Application (sNDA) dated October 16, 2012, received October 19, 2012, submitted under section 505(b) of the Federal Food, Drug, and Cosmetic Act (FDCA) for BUTRANS (buprenorphine transdermal system).

We acknowledge receipt of your amendments dated December 13, 2012, and March 29, 2013.

This supplemental new drug application proposes modifications to the approved risk evaluation and mitigation strategy (REMS) for BUTRANS.

We have completed our review of this supplemental application, as amended. It is approved, effective on the date of this letter.

RISK EVALUATION AND MITIGATION STRATEGY REQUIREMENTS

The REMS for BUTRANS was originally approved on June 30, 2010, and modified on July 9, 2012. The REMS consists of a Medication Guide, elements to assure safe use, and a timetable for submission of assessments of the REMS. Your proposed modifications to the REMS consist of:

- Revisions to *Section VI. Specific Drug information for ER/LA Opioid Analgesic Products* of the FDA Blueprint
- Revisions to the REMS Website, including the landing page and the webpage listing covered products under the REMS program
- Revisions to individual product Medication Guides for relevant drugs
- Revision to the REMS document to remove ANDA holders from the Timetable for Submission of Assessments

Your proposed modified REMS, submitted on March 29, 2013, and appended to this letter, is approved.

The timetable for submission of assessments of the REMS will remain the same as that approved on July 9, 2012. There are no changes to the REMS assessment plan described in our July 9, 2012 letter.

This REMS uses a single, shared system for the elements to assure safe use and the REMS assessments. This single, shared system, known as the ER/LA Opioid Analgesic REMS Program, currently includes the products listed in Appendix 1. Other products may be added in the future if additional NDAs or ANDAs are approved.

We remind you that section 505-1(f)(8) of FDCA prohibits holders of an approved covered application with elements to assure safe use from using any element to block or delay approval of an application under section 505(b)(2) or (j). A violation of this provision in 505-1(f) could result in enforcement action.

The requirements for assessments of an approved REMS under section 505-1(g)(3) include with respect to each goal included in the strategy, an assessment of the extent to which the approved strategy, including each element of the strategy, is meeting the goal or whether one or more such goals or such elements should be modified.

In addition to the assessments submitted according to the timetable included in the approved REMS, you may propose a modification to the approved REMS when you submit a supplemental application for a new indication for use as described in section 505-1(g)(2)(A) of the FDCA.

If the assessment instruments and methodology for your REMS assessments are not included in the REMS supporting document, or if you propose changes to the submitted assessment instruments or methodology, you should update the REMS supporting document to include specific assessment instrument and methodology information at least 90 days before the assessments will be conducted. Updates to the REMS supporting document may be included in a new document that references previous REMS supporting document submission(s) for unchanged portions. Alternatively, updates may be made by modifying the complete previous REMS supporting document, with all changes marked and highlighted. Prominently identify the submission containing the assessment instruments and methodology with the following wording in bold capital letters at the top of the first page of the submission:

> **NDA 021306 REMS CORRESPONDENCE**
> **(insert concise description of content in bold capital letters, e.g.,**
> **UPDATE TO REMS SUPPORTING DOCUMENT - ASSESSMENT METHODOLOGY)**

An authorized generic drug under this NDA must have an approved REMS prior to marketing. Should you decide to market, sell, or distribute an authorized generic drug under this NDA, contact us to discuss what will be required in the authorized generic drug REMS submission.

Prominently identify the submission containing the REMS assessments or proposed modifications of the REMS with the following wording in bold capital letters at the top of the first page of the submission as appropriate:

NDA 021306 REMS ASSESSMENT

NEW SUPPLEMENT FOR NDA 021306
PROPOSED REMS MODIFICATION

NEW SUPPLEMENT (NEW INDICATION FOR USE)
FOR NDA 021306
REMS ASSESSMENT
PROPOSED REMS MODIFICATION (if included)

If you do not submit electronically, please send 5 copies of REMS-related submissions.

REPORTING REQUIREMENTS

We remind you that you must comply with reporting requirements for an approved NDA (21 CFR 314.80 and 314.81).

If you have any questions, call [redacted] Senior Regulatory Health Project Manager, at (301) 796-1245.

Sincerely,

{See appended electronic signature page}

Judith A. Racoosin, M.D., M.P.H.
Deputy Director for Safety
Division of Anesthesia, Analgesia,
and Addiction Products
Office of Drug Evaluation II
Center for Drug Evaluation and Research

ENCLOSURE:
REMS

Appendix 1 List of applications

NDA 021260	AVINZA (morphine sulfate) extended-release capsules and its generic equivalent
NDA 021306	BUTRANS (buprenorphine) Transdermal System for transdermal administration
NDA 006134	DOLOPHINE (methadone hydrochloride) tablets and its generic equivalents
ANDA 087997	Methadone Oral Solution and its generic equivalents ANDA 087393 Methadone Oral Solution and its generic equivalents ANDA 089897 Methadone Oral Concentrate
NDA 019813	DURAGESIC (Fentanyl Transdermal System) for transdermal administration and its generic equivalents
NDA 022321	EMBEDA (morphine sulfate and naltrexone hydrochloride) extended- release capsules
NDA 021217	EXALGO (hydromorphone HCl) Extended-Release Tablets
NDA 020616	KADIAN (morphine sulfate) extended-release capsules and its generic equivalent
NDA 019516	MS CONTIN (morphine sulfate) controlled-release tablets and its generic equivalents
NDA 200533	NUCYNTA ER (tapentadol) extended-release oral tablets
NDA 201655	OPANA ER (oxymorphone hydrochloride) Extended-Release tablets
NDA 021610	OPANA ER (oxymorphone hydrochloride) Extended-Release tablets and its generic equivalents
NDA 022272	OXYCONTIN (oxycodone hydrochloride controlled-release) Tablets

Initial REMS Approval: 07/2012
Most Recent Modification: ‼┤/2013

EXTENDED-RELEASE (ER) AND LONG-ACTING (LA) OPIOID ANALGESICS RISK EVALUATION AND MITIGATION STRATEGY (REMS)

GOAL

The goal of this REMS is to reduce serious adverse outcomes resulting from inappropriate prescribing, misuse, and abuse of extended-release or long-acting (ER/LA) opioid analgesics while maintaining patient access to pain medications. Adverse outcomes of concern include addiction, unintentional overdose, and death.

I. REMS ELEMENTS

A. Medication Guide

A Medication Guide will be dispensed with each ER/LA opioid analgesic prescription in accordance with 21 CFR § 208.24.

The Medication Guides for ER/LA opioids are part of the ER/LA Opioid Analgesic REMS program and will be available through the ER/LA Opioid Analgesic REMS website www.ER-LA-opioidREMS.com.

B. Elements to Assure Safe Use

1. Training will be made available to healthcare providers who prescribe ER/LA opioid analgesics.
    a. Training will be considered "REMS-compliant training" under this REMS if: 1) it, for training provided by CE providers, is offered by an accredited provider to licensed prescribers, 2) it includes all elements of the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"), 3) it includes a post-course knowledge assessment of all of the sections of the FDA Blueprint, and 4) it is subject to independent audit to confirm that conditions of the REMS training have been met.

    b. The NDA/ANDA holders of ER/LA opioid analgesic products ("NDA/ANDA holders") will ensure that REMS-compliant training is made available to prescribers of ER/LA opioid analgesics and will achieve the following performance goals:
        i. Not later than March 1, 2013, the first REMS-compliant training will be made available.
        ii. Within two years from the time the first REMS-compliant training becomes available, 80,000 prescribers (based on 25% of the 320,000 active prescribers in 2011) will have been trained;
        iii. Within three years from the time the first REMS-compliant training becomes available, 160,000 prescribers (based on 50% of the 320,000 active prescribers in 2011) will have been trained;
        iv. Within four years from the time the first REMS-compliant training becomes available, 192,000 prescribers (based on 60%

of the 320,000 active prescribers in 2011) will have been trained.

c. The content of the REMS-compliant training will be based on the learning objectives established by the FDA Blueprint. The FDA Blueprint contains core messages to be conveyed to prescribers in the training about the risks and appropriate prescribing practices for the safe use of ER/LA opioid analgesics. The NDA/ANDA holders will direct providers of REMS-compliant training to the FDA Blueprint, via the REMS website (www.ER-LA-opioidREMS.com), and via its Request for Grant Applications. No less than annually, NDA/ANDA holders will direct providers of REMS-compliant training to consult the FDA Blueprint for possible revisions (e.g., changes to the drug specific information).

d. NDA/ANDA holders will ensure that independent audits of the educational materials used by the providers of REMS-compliant training are conducted. The audits must:
    i. Be conducted by an auditor independent of the NDA/ANDA holders. (Accreditation bodies of CE providers would be considered independent of the NDA/ANDA holders and would be eligible to conduct the audits.)
    ii. Evaluate:
        1. whether the content of the training covers all components of the FDA Blueprint approved as part of the REMS;
        2. whether the post-course knowledge assessment measures knowledge of all sections of the FDA Blueprint; and
        3. for training conducted by CE providers, whether the training was conducted in accordance with the standards for CE of the Accreditation Council for Continuing Medication Education® (ACCME®), or of another CE accrediting body appropriate to the prescribers' medical specialty or healthcare profession.
    iii. Be conducted on a random sample of 1) at least 10% of the training funded by the NDA/ANDA holders, and 2) REMS-compliant training not funded by the NDA/ANDA holders but that will be counted towards meeting the performance goals in section B.1.b.

e. To facilitate prescriber awareness of the availability of the REMS and REMS-compliant training, within 30 calendar days of the approval of the REMS, the NDA/ANDA holders will make available, and then

maintain, a web site that will contain information about the REMS specified below (www.ER-LA-opioidREMS.com):

i. A current list of the REMS-compliant training that is supported by educational grants from the NDA/ANDA holders, when this information becomes available.
ii. A copy of the Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioid Analgesics.
iii. A copy of the Prescriber Letters 1, 2, and 3 (when mailed and for at least one year thereafter) (see section B.1.f).

f. To make prescribers aware of the existence of the REMS and the prescriber training that will be made available under the REMS, the NDA/ANDA holders will electronically deliver (email or fax), or directly mail letters to all DEA-registered prescribers who are registered to prescribe Schedule II and III drugs:

i. Prescriber Letter 1 will be sent not later than 60 days after the initial approval of this REMS, notifying prescribers of the existence of the REMS and the fact that prescriber training will be offered, and providing a copy of the Patient Counseling Document (PCD).

ii. Prescriber Letter 2 will be sent not later than 30 days before the first prescriber REMS-compliant training required by the REMS is offered by providers and will notify prescribers of the imminent upcoming availability of accredited REMS CE courses.

iii. The prescribers will be identified via the DEA Registration Database.

iv. At least annually from the date of initial approval of the REMS, the DEA Registration Database will be reviewed and Prescriber Letter 3 will be sent to all newly DEA-registered prescribers who are registered to prescribe Schedule II and III drugs to inform them of the existence of the REMS, provide them the Patient Counseling Document (PCD), and notify them of the availability of the REMS-compliant training and how to find REMS-compliant courses.

g. To further ensure that prescribers are aware of the existence of the ER/LA Opioid Analgesic REMS and the prescriber training that will be made available under the REMS, the NDA/ANDA holders will electronically deliver (email or fax), or directly mail the following two letters to the professional organizations and state licensing entities listed in section B.1.g.iii with a request that the information be disseminated to their members:

i. Professional Organization/Licensing Board Letter 1 will be sent not later than 60 days after the approval of this REMS, notifying prescribers of the existence of the REMS and the fact that prescriber training will be offered, and providing a copy of the Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioids.

ii. Professional Organization/Licensing Board Letter 2 will be sent not later than 30 days before the first prescriber REMS-compliant training required by the REMS is offered by providers and will notify prescribers of the imminent upcoming availability of accredited REMS CE courses.

iii. The letter and enclosures referenced above, will be sent to the following entities:

a) State Licensing Boards of:

1) Medicine (allopathic and osteopathic)
2) Nursing
3) Dentistry

b) Associations of State Licensing Boards:

1) Federation of State Medical Boards
2) National Council of State Boards of Nursing
3) American Association of Dental Boards

c) Learned Societies and Professional Associations, including, but not limited to:

1) American Academy of Addiction Psychiatry
2) American Academy of Family Physicians
3) American Academy of Hospice and Palliative Medicine
4) American Academy of Neurology
5) American Academy of Nurse Practitioners
6) American Academy of Nursing
7) American Academy of Orofacial Pain
8) American Academy of Pain Management
9) American Academy of Pain Medicine
10) American Academy of Physical Medicine and Rehabilitation
11) American Academy of Physician Assistants

12) American Association of Colleges of Osteopathic Medicine

13) American Association of Colleges of Nursing

14) American Association of Poison Control Centers

15) American Board of Medical Specialties

16) American Board of Orofacial Pain

17) American College of Nurse Practitioners

18) American College of Osteopathic Family Physicians

19) American College of Physicians

20) American College of Rheumatology

21) American Dental Association

22) American Dental Education Association

23) American Medical Association

24) American Medical Directors Association

25) American Nurses Association

26) American Nurses Credentialing Center

27) American Osteopathic Association

28) American Osteopathic Association of Addiction Medicine

29) American Pain Society

30) American Society of Addiction Medicine

31) American Society for Pain Management Nursing

32) American Society of Anesthesiologists

33) American Society of Pain Educators

34) Association of American Medical Colleges

35) Council of Medical Specialty Societies

36) Hospice and Palliative Nurses Association

37) National Association of Managed Care Physicians

38) National Association of State Controlled Substances Authorities

39) National Commission on Certification of Physician Assistants

40) National Hospice and Palliative Care Organization

41) American College of Emergency Physicians

h. NDA/ANDA holders will ensure that an interim single toll-free number call center is implemented no later than July 23, 2012, and a fully operational centralized call center is implemented no later than 90 calendar days after the approval of the REMS.

The following materials are part of the ER/LA Opioid Analgesic REMS and are appended:

- Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioid Analgesics
- FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics
- Prescriber Letter 1
- Prescriber Letter 2
- Prescriber Letter 3
- Professional Organization/Licensing Board Letter 1
- Professional Organization/Licensing Board Letter 2
- ER/LA Opioid Analgesic REMS website (www.ER-LA-opioidREMS.com)

II. Implementation System

The ER/LA Opioid Analgesic REMS can be approved without the Elements to Assure Safe Use specifically described under FDCA 505-1(f)(3) (B), (C), and (D) of the Act; therefore an implementation system is not required.

III. Timetable for Submission of Assessments

REMS assessments will be submitted to the FDA at 6 months and 12 months after the initial approval date of the REMS (July 9, 2012), and annually thereafter. To facilitate inclusion of as much information as possible, while allowing reasonable time to prepare the submission, the reporting interval covered by each assessment will conclude no earlier than 60 days before the submission date for that assessment. The NDA holders will submit each assessment so that it will be received by the FDA on or before the due date based on the initial approval date of the REMS.

Patient Counseling Document on Extended-Release / Long-Acting Opioid Analgesics
Patient Name:
The DOs and DON'Ts of Extended-Release / Long - Acting Opioid Analgesics
DO: • Read the **Medication Guide** • Take your medicine exactly as prescribed • Store your medicine away from children and in a safe place • Flush unused medicine down the toilet • Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.
Call 911 or your local emergency service right away if: • You take too much medicine • You have trouble breathing, or shortness of breath • A child has taken this medicine
Talk to your healthcare provider: • If the dose you are taking does not control your pain • About any side effects you may be having • About all the medicines you take, including over-the-counter medicines, vitamins, and dietary supplements
DON'T: • **Do not** give your medicine to others • **Do not** take medicine unless it was prescribed for you • **Do not** stop taking your medicine without talking to your healthcare provider • **Do not** break, chew, crush, dissolve, or inject your medicine. If you cannot swallow your medicine whole, talk to your healthcare provider. • **Do not** drink alcohol while taking this medicine
For additional information on your medicine go to: **dailymed.nlm.nih.gov**

Patient Counseling Document on Extended-Release / Long-Acting Opioid Analgesics
Patient Name:
Patient Specific Information
Take this card with you every time you see your healthcare provider and tell him/her: • Your complete medical and family history, including any history of substance abuse or mental illness • The cause, severity, and nature of your pain • Your treatment goals • All the medicines you take, including over-the-counter (non-prescription) medicines, vitamins, and dietary supplements • Any side effects you may be having **Take your opioid pain medicine exactly as prescribed by your healthcare provider.**

Introduction for the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics

In April 2011, FDA announced the elements of a Risk Evaluation and Mitigation Strategy (REMS) to ensure that the benefits of extended-release and long-acting (ER/LA) opioid analgesics outweigh the risks. The REMS supports national efforts to address the prescription drug abuse epidemic.

As part of the REMS, all ER/LA opioid analgesic companies must provide:

- Education for prescribers of these medications, which will be provided through accredited continuing education (CE) activities supported by independent educational grants from ER/LA opioid analgesic companies.

- Information that prescribers can use when counseling patients about the risks and benefits of ER/LA opioid analgesic use.

FDA developed core messages to be communicated to prescribers in the Blueprint for Prescriber Education (FDA Blueprint), published the draft FDA Blueprint for public comment, and considered the public comments when finalizing the FDA Blueprint. This final FDA Blueprint contains the core educational messages. It is approved as part of the ER/LA Opioid Analgesic REMS and will remain posted on the FDA website for use by CE providers to develop the actual CE activity. A list of all REMS-compliant CE activities that are supported by independent educational grants from the ER/LA opioid analgesic companies to accredited CE providers will be posted at www.ER-LA-opioidREMS.com as that information becomes available.

The CE activities provided under the FDA Blueprint will focus on the safe prescribing of ER/LA opioid analgesics and consist of a core content of about three hours. The content is directed to prescribers of ER/LA opioid analgesics, but also may be relevant for other healthcare professionals (e.g., pharmacists). The course work is not intended to be exhaustive nor a substitute for a more comprehensive pain management course.

Accrediting bodies and CE providers will ensure that the CE activities developed under this REMS will be in compliance with the standards for CE of the Accreditation Council for Continuing Medical Education (ACCME) [1,2] or another CE accrediting body as appropriate to the prescribers' medical specialty or healthcare profession.

For additional information from FDA, including more detailed Questions and Answers about the REMS for ER/LA Opioid Analgesics, see http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm163647.htm.

[1]Accreditation Council for Continuing Medical Education. 2012 *Accreditation Requirements. Criteria for CME Providers-Accreditation Criteria*. Accessed on March 30, 2012.
[2]Accreditation Council for Continuing Medical Education. 2012. *Accreditation Requirements. Criteria for CME Providers-Standards for Commercial Support.* Accessed on March 30, 2012.

FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics

Why Prescriber Education is Important

Health care professionals who prescribe extended-release (ER) and long-acting (LA) opioid analgesics (hereafter referred to as ER/LA opioid analgesics) are in a key position to balance the benefits of prescribing ER/LA opioid analgesics to treat pain against the risks of serious adverse outcomes including addiction, unintentional overdose, and death. Opioid misuse and abuse, resulting in injury and death, has emerged as a major public health problem.

- Based on the 2010 National Survey on Drug Use and Health, public health experts estimate more than 35 million Americans age 12 and older used an opioid analgesic for non-medical use some time in their life—an increase from about 30 million in 2002.[3]
- In 2009, there were nearly 343,000 emergency department visits involving nonmedical use of opioid analgesics.[4]
- In 2008, nearly 36,500 Americans died from drug poisonings, and of these, nearly 14,800 deaths involved opioid analgesics.[5]
- Improper use of any opioid can result in serious side effects including overdose and death, and this risk can be greater with ER/LA opioid analgesics.

Appropriate prescribing practices and patient education are important steps to help address this public health problem. Health care professionals who prescribe ER/LA opioid analgesics have a responsibility to help ensure the safe and effective use of these drug products.

The expected results of the prescriber education in this REMS are that the prescribers will:

a. Understand how to assess patients for treatment with ER/LA opioid analgesics.
b. Be familiar with how to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics.
c. Be knowledgeable about how to manage ongoing therapy with ER/LA opioid analgesics.
d. Know how to counsel patients and caregivers about the safe use of ER/LA opioid analgesics, including proper storage and disposal.
e. Be familiar with general and product-specific drug information concerning ER/LA opioid analgesics.

I. Assessing Patients for Treatment with ER/LA Opioid Analgesic Therapy

a. Prescribers should consider risks involved with ER/LA opioid analgesics and balance these against potential benefits. Risks include:
    i. Overdose with ER/LA formulations, as most dosage units contain more opioid than immediate-release formulations.

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[3] Substance Abuse and Mental Health Services Administration. 2011. *Results from the 2010 National Survey on Drug Use and Health: Detailed Table*, Table 7.1.a. Rockville, MD. http://www.samhsa.gov/data/NSDUH/2k10NSDUH/tabs/Sect7peTabs1to45.htm#Tab7.1A. Accessed on March 30, 2012.

[4] Substance Abuse and Mental Health Services Administration. 2011. *Drug Abuse Warning Network, 2009: National Estimates of Drug-Related Emergency Department Visits*, Table 19. Rockville, MD. http://www.samhsa.gov/data/2k11/DAWN/2k9DAWNED/HTML/DAWN2k9ED.htm#Tab19. Accessed on March 30, 2012

[5] Warner M, Chen LH, Makuc DM, Anderson RN, and Miniño AM. 2011. Drug Poisoning Deaths in the United States, 1980–2008, in U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, *NCHS Data Brief, No 81.* December 2011. Hyattsville, MD. http://www.cdc.gov/nchs/data/databriefs/db81.pdf. Accessed on March 30, 2012.

ii. Abuse by patient or household contacts.
iii. Misuse and addiction.
iv. Physical dependence and tolerance.
v. Interactions with other medications and substances (See table in Section VI for specific information).
vi. Inadvertent exposure by household contacts, especially children.

b. Prescribers should assess each patient's risk of abuse, including substance use and psychiatric history. Prescribers should:
   i. Obtain a complete history and conduct a complete physical examination, including assessment of family history of substance abuse and psychiatric disorders, as well as special considerations for the elderly and children.
      - A history of substance abuse does not prohibit treatment with ER/LA opioid analgesics but may require additional monitoring and expert consultation.
   ii. Be knowledgeable about risk factors for opioid abuse.
   iii. Understand and appropriately use screening tools for addiction or abuse to help assess potential risks associated with chronic opioid therapy and to help manage patients using ER/LA opioid analgesics (e.g., structured interview tools).
   iv. Adequately document all patient interactions and treatment plans.
c. Prescribers should understand when to appropriately refer high risk patients to pain management specialists.
d. Prescribers should understand opioid tolerance criteria as defined in the product labeling.
   - Prescribers should know which products and which doses are indicated for use only in opioid tolerant patients. (See table in Section VI for specific information).

II. Initiating Therapy, Modifying Dosing, and Discontinuing Use of ER/LA Opioid Analgesics

a. Prescribers should have awareness of federal and state regulations on opioid prescribing.
b. Prescribers should be aware that:
   i. Dose selection is critical, particularly when initiating therapy in opioid non-tolerant patients.
   ii. Some ER/LA opioid analgesics are only appropriate for opioid-tolerant patients.
   iii. Dosage should be individualized in every case.
   iv. Titration should be based on efficacy and tolerability.
c. Prescribers should be knowledgeable about when and how to supplement pain management with immediate-release analgesics, opioids and non-opioids.
d. Prescribers should be knowledgeable about converting patients from immediate-release to ER/LA opioid products and from one ER/LA opioid product to another ER/LA opioid product.
e. Prescribers should understand the concept of incomplete cross-tolerance when converting patients from one opioid to another.
f. Prescribers should understand the concepts and limitations of equianalgesic dosing and follow patients closely during all periods of dose adjustments.
g. Prescribers should understand the warning signs and symptoms of significant respiratory depression from opioids.
h. Prescribers should understand that tapering the opioid dose is necessary to safely discontinue treatment with ER/LA opioid analgesics when therapy is no longer needed.

III. Managing Therapy with ER/LA Opioid Analgesics

a. Prescribers should establish analgesic and functional goals for therapy and periodically

evaluate pain control, functional outcomes, side-effect frequency and intensity, and health-related quality of life.

b. Prescribers should be aware of the existence of Patient Prescriber Agreements (PPAs).
   i. PPAs are documents signed by both prescriber and patient at the time an opioid is prescribed.
   ii. PPAs can help ensure patients and caregivers understand the goals of treatment, the risks, and how to use the medications safely.
   iii. PPAs can include commitments to return for follow-up visits, to comply with appropriate monitoring (such as random drug testing), and to safeguard the medication.
c. Prescribers should monitor patient adherence to the treatment plan, especially with regard to misuse and abuse by:
   i. Recognizing, documenting, and addressing aberrant drug-related behavior.
   ii. Utilizing state Prescription Drug Monitoring Programs, where practical, to identify behaviors that may represent abuse.
   iii. Understanding the utility and interpretation of drug testing (e.g., screening and confirmatory tests), and using it as indicated.
   iv. Screening and referring for substance abuse treatment as indicated.
   v. Performing medication reconciliation as indicated.
d. Prescribers should understand how to anticipate and manage adverse events associated with ER/LA opioid analgesics.
e. Prescribers treating patients with ER/LA opioid analgesics should periodically assess benefits and side effects of these drugs, and the continued need for opioid analgesics.
f. Prescribers should understand the need for reevaluation of patient's underlying medical condition if the clinical presentation changes over time.
g. Prescribers should be familiar with referral sources for the treatment of abuse or addiction that may arise from the use of ER/LA opioid analgesics.

IV. Counseling Patients and Caregivers about the Safe Use of ER/LA Opioid Analgesics

a. Prescribers should use the Patient Counseling Document as part of the discussion when prescribing opioid analgesics.
b. Prescribers should explain product-specific information about the prescribed ER/LA opioid analgesic.
c. Prescribers should explain how to take the ER/LA opioid analgesic as prescribed.
d. Prescribers should explain the importance of adherence to dosing regimen, how to handle missed doses, and to contact their prescriber should pain not be controlled.
e. Prescribers should inform patients and caregivers to read the specific ER/LA opioid analgesic Medication Guide they receive from the pharmacy.
f. Prescribers should warn patients that under no circumstances should an oral ER/LA opioid analgesic be broken, chewed or crushed, and patches should not be cut or torn prior to use, as this may lead to rapid release of the ER/LA opioid analgesic causing overdose and death. When a patient cannot swallow a capsule whole, prescribers should refer to the product labeling to determine if it is appropriate to sprinkle the contents of a capsule on applesauce or administer via a feeding tube.
g. Prescribers should caution patients that the use of other CNS depressants such as sedative-hypnotics and anxiolytics, alcohol, or illegal drugs with ER/LA opioid analgesics can cause overdose and death. Patients should be instructed to only use other CNS depressants, including other opioids, under the instruction of their prescriber.

h. Prescribers should instruct patients to tell all of their doctors about all medications they are taking.
i. Prescribers should warn patients not to abruptly discontinue or reduce their ER/LA opioid analgesic and discuss how to safely taper the dose when discontinuing.
j. Prescribers should caution patients that ER/LA opioid analgesics can cause serious side effects that can lead to death. Prescribers should counsel patients and caregivers on the risk factors, signs, and symptoms of overdose and opioid-induced respiratory depression, gastrointestinal obstruction, and allergic reactions.
k. Prescribers should counsel patients and caregivers on the most common side effects of ER/LA opioid analgesics, and about the risk of falls, working with heavy machinery, and driving.
l. Patients should call their prescriber for information about managing side effects.
m. Prescribers should explain that sharing ER/LA opioid analgesics with others may cause them to have serious side effects including death, and that selling or giving away ER/LA opioid analgesics is against the law.
n. Prescribers should counsel patients to store their ER/LA opioid analgesic in a safe and secure place away from children, family members, household visitors, and pets.
o. Prescribers should warn patients that ER/LA opioid analgesics must be protected from theft.
p. Prescribers should counsel patients to dispose of any ER/LA opioid analgesics when no longer needed and to read the product-specific disposal information included with the ER/LA opioid analgesic product.
q. Prescribers should counsel patients and caregivers to inform them about side effects.
r. Adverse events should be reported to the FDA at 1-800-FDA-1088 or via http://www.fda.gov/downloads/Safety/MedWatch/HowToReport/DownloadForms/UCM082725.pdf.

V. General Drug Information for ER/LA Opioid Analgesic Products

Prescribers should be knowledgeable about general characteristics, toxicities, and drug interactions for ER/LA opioid analgesic products. For example,

a. ER/LA opioid analgesic products are scheduled under the Controlled Substances Act and can be misused and abused.
b. Respiratory depression is the most important serious adverse effect of opioids as it can be immediately life-threatening.
c. Constipation is the most common long-term side effect and should be anticipated.
d. Drug-drug interaction profiles vary among the products. Knowledge of particular opioid-drug interactions, and the underlying pharmacokinetic and pharmacodynamic mechanisms, allows for the safer administration of opioid analgesics.
    i. Central nervous system depressants (alcohol, sedatives, hypnotics, tranquilizers, tricyclic antidepressants) can have a potentiating effect on the sedation and respiratory depression caused by opioids.
    ii. Some ER opioid formulations may rapidly release opioid (dose dump) when exposed to alcohol. Some drug levels may increase without dose dumping when exposed to alcohol. See individual product labeling.
    iii. Using opioids with monoamine oxidase inhibitors (MAOIs) may result in possible increase in respiratory depression. Using certain opioids with MAOIs may cause serotonin syndrome.
    iv. Opioids can reduce the efficacy of diuretics by inducing the release of antidiuretic

hormone (ADH).

v. Some opioids (methadone, buprenorphine) can prolong the QTc interval.

vi. Concomitant drugs that act as inhibitors or inducers of various cytochrome P450 enzymes can result in higher or lower than expected blood levels of some opioids. (See table in Section VI for specific information).

e. Tolerance to sedating and respiratory-depressant effects of opioids is critical to the safe use of certain products, certain dosage unit strengths, or certain doses of some products.
   i. Patients must be opioid tolerant before using any strength of
   - Transdermal fentanyl, or
   - ER hydromorphone.
   ii. For other ER products, patients must be opioid tolerant before using
   - Certain strengths, or
   - Certain daily doses.
   iii. See table in Section VI for specific information.

f. ER/LA opioid analgesic tablets must be swallowed whole. ER/LA opioid analgesic capsules should be swallowed intact or when necessary, the pellets from some capsules can be sprinkled on applesauce and swallowed without chewing.

g. For transdermal products, external heat, fever, and exertion can increase absorption of the opioid, leading to fatal overdose. Transdermal products with metal foil backings are not safe for use in MRIs.

VI. Specific Drug Information for ER/LA Opioid Analgesic Products

Prescribers should be knowledgeable about specific characteristics of the ER/LA opioid analgesic products they prescribe, including the drug substance, formulation, strength, dosing interval, key instructions, specific information about conversion between products where available, specific drug interactions, use in opioid-tolerant patients, product-specific safety concerns, and relative potency to morphine. The attached table is a reference. For detailed information, prescribers can refer to prescribing information available online via DailyMed at www.dailymed.nlm.nih.gov or Drugs@FDA at www.fda.gov/drugsatfda.

Drug Information Common to the Class of Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Avinza (morphine sulfate ER capsules) **Dolophine** (methadone HCl tablets) **Embeda** (morphine sulfate ER-naltrexone capsules) **Kadian** (morphine sulfate ER capsules) **Nucynta ER** (tapentadol HCl ER tablets) **OxyContin** (oxycodone HCl CR tablets)	**Butrans** (buprenorphine transdermal system) **Duragesic** (fentanyl transdermal system) **Exalgo** (hydromorphone HCl ER tablets) **MS Contin** (morphine sulfate CR tablets) **Opana ER** (oxymorphone HCl ER tablets)
Dosing Interval	▪ Refer to individual product information.
Key Instructions	▪ Individually titrate to a dose that provides adequate analgesia and minimizes adverse reactions. ▪ The times required to reach steady-state plasma concentrations are product specific; refer to product information for titration interval. ▪ Continually reevaluate to assess the maintenance of pain control and the emergence of adverse reactions. ▪ During chronic therapy, especially for non-cancer-related pain, periodically reassess the continued need for opioids. ▪ If pain increases, attempt to identify the source, while adjusting the dose. ▪ When an ER/LA opioid analgesic is no longer required, gradually titrate downward to prevent signs and symptoms of withdrawal in the physically-dependent patient. **Do not abruptly discontinue these products.** ▪ Limitations of usage: • Not for use as an as-needed analgesic. • Not for mild pain or pain not expected to persist for an extended duration. • Not for use in treating acute pain. ▪ Solid oral dosage forms: • Swallow tablets and capsules whole: crushing, chewing, breaking, cutting or dissolving may result in rapid release and absorption of a potentially fatal dose of opioid. • Some capsules can be opened and pellets sprinkled on applesauce for patients who can reliably swallow without chewing and used immediately. See individual product information. • Exposure of some products to alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of opioid. • Dispose of unused product by flushing down the toilet. ▪ Transdermal dosage forms: • Avoid exposure to external heat. Patients with fever must be monitored for signs or symptoms of increased opioid exposure. • Location of application must be rotated. • Prepare skin by clipping, not shaving hair, and washing area only with water. ▪ See individual product information for the following: • Dosage reduction for hepatic or renal impairment.
Drug Interactions Common to the Class	▪ Concurrent use with other central nervous system depressants (sedatives, hypnotics, general anesthetics, antiemetics, phenothiazines, other tranquilizers, and alcohol) can increase the risk of respiratory depression, hypotension, profound sedation, or coma. Reduce the initial dose of one or both agents. ▪ Partial agonists and mixed agonist/antagonist analgesics (i.e., buprenorphine, pentazocine, nalbuphine and butorphanol) may reduce the analgesic effect or precipitate withdrawal symptoms. Avoid concurrent use.

Drug Information Common to the Class of Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
	▪ Opioids may enhance the neuromuscular blocking action of skeletal muscle relaxants and produce an increased degree of respiratory depression. ▪ Concurrent use with anticholinergic medication increases the risk of urinary retention and severe constipation, which may lead to paralytic ileus.
Use in Opioid-Tolerant Patients	▪ See individual product information for which products: • Have strengths or total daily doses only for use in opioid-tolerant patients. • Are only for use in opioid-tolerant patients at all strengths.
Contraindications	▪ Significant respiratory depression ▪ Acute or severe asthma in an unmonitored setting or in the absence of resuscitative equipment ▪ Known or suspected paralytic ileus ▪ Hypersensitivity (e.g., anaphylaxis) See individual product information for additional contraindications.
Relative Potency To Oral Morphine	▪ **These are intended as general guides.** ▪ Follow conversion instructions in individual product information. ▪ Incomplete cross-tolerance and inter-patient variability require the use of conservative dosing when converting from one opioid to another - halve the calculated comparable dose and titrate the new opioid as needed.

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Avinza	Morphine Sulfate ER Capsules, 30 mg, 45 mg, 60 mg, 75 mg, 90 mg, and 120 mg
Dosing Interval	Once a day
Key Instructions	▪ Initial dose in opioid non-tolerant patients is 30 mg. ▪ Titrate using a minimum of 3-day intervals. ▪ Swallow capsule whole (do not chew, crush, or dissolve). ▪ May open capsule and sprinkle pellets on applesauce for patients who can reliably swallow without chewing; use immediately. ▪ Maximum daily dose: 1600 mg due to risk of serious renal toxicity by excipient, fumaric acid.
Specific Drug Interactions	▪ Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of morphine. ▪ PGP inhibitors (e.g. quinidine) may increase the absorption/exposure of morphine sulfate by about two-fold.
Use in Opioid-Tolerant Patients	90 mg and 120 mg capsules are for use in opioid-tolerant patients only.
Product-Specific Safety Concerns	None
Butrans	Buprenorphine Transdermal System, 5 mcg/hr, 10 mcg/hr, 20 mcg/hr
Dosing Interval	One transdermal system every 7 days
Key Instructions	▪ Initial dose in opioid non-tolerant patients when converting from less than 30 mg morphine equivalents, and in mild to moderate hepatic impairment - 5 mcg/hr dose. ▪ When converting from 30 mg to 80 mg morphine equivalents - first taper to 30 mg morphine equivalent, then initiate with 10 mcg/hr dose. ▪ Titrate after a minimum of 72 hours prior to dose adjustment. ▪ Maximum dose: 20 mcg/hr due to risk of QTc prolongation. ▪ Application • Apply only to sites indicated in the Full Prescribing Information. • Apply to intact/non-irritated skin. • Skin may be prepped by clipping hair, washing site with water only • Rotate site of application a minimum of 3 weeks before reapplying to the same site. • Do not cut. ▪ Avoid exposure to heat. ▪ Dispose of used/unused patches by folding the adhesive side together and flushing down the toilet.
Specific Drug Interactions	▪ CYP3A4 Inhibitors may increase buprenorphine levels. ▪ CYP3A4 Inducers may decrease buprenorphine levels. ▪ Benzodiazepines may increase respiratory depression. ▪ Class IA and III antiarrythmics, other potentially arrhythmogenic agents, may increase risk for QTc prolongation and torsade de pointe.
Use in Opioid-Tolerant Patients	Butrans 10 mcg/hr and 20 mcg/hr transdermal systems are for use in opioid-tolerant patients only.
Drug-Specific Safety Concerns	▪ QTc prolongation and torsade de pointe. ▪ Hepatotoxicity ▪ Application site skin reactions
Relative Potency To Oral Morphine	Equipotency to oral morphine has not been established.
Dolophine	Methadone Hydrochloride Tablets, 5 mg and 10 mg

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Dosing Interval	Every 8 to 12 hours
Key Instructions	▪ Initial dose in opioid non-tolerant patients: 2.5 to 10 mg ▪ Conversion of opioid-tolerant patients using equianalgesic tables can result in overdose and death. Use low doses according to the table in the full prescribing information. ▪ High inter-patient variability in absorption, metabolism, and relative analgesic potency. ▪ Opioid detoxification or maintenance treatment shall only be provided in a federally certified opioid (addiction) treatment program (Code of Federal Regulations, Title 42, Sec 8).
Specific Drug Interactions	▪ Pharmacokinetic drug-drug interactions with methadone are complex. ▪ CYP 450 inducers may decrease methadone levels. ▪ CYP 450 inhibitors may increase methadone levels. ▪ Anti-retroviral agents have mixed effects on methadone levels. ▪ Potentially arrhythmogenic agents may increase risk for QTc prolongation and torsade de pointe. ▪ Benzodiazepines may increase respiratory depression
Use in Opioid-Tolerant Patients	Refer to full prescribing information.
Product-Specific Safety Concerns	▪ QTc prolongation and torsade de pointe. ▪ Peak respiratory depression occurs later and persists longer than analgesic effect. ▪ Clearance may increase during pregnancy. ▪ False positive urine drug screens possible.
Relative Potency To Oral Morphine	Varies depending on patient's prior opioid experience.
Duragesic	Fentanyl Transdermal System, 12, 25, 50, 75, and 100 mcg/hr
Dosing Interval	Every 72 hours (3 days)
Key Instructions	▪ Use product specific information for dose conversion from prior opioid ▪ Use 50% of the dose in mild or moderate hepatic or renal impairment, avoid use in severe hepatic or renal impairment ▪ Application • Apply to intact/non-irritated/non-irradiated skin on a flat surface. • Skin may be prepped by clipping hair, washing site with water only • Rotate site of application. • Titrate using no less than 72 hour intervals. • Do not cut. ▪ Avoid exposure to heat. ▪ Avoid accidental contact when holding or caring for children. ▪ Dispose of used/unused patches by folding the adhesive side together and flushing down the toilet. **Specific contraindications:** ▪ Patients who are not opioid-tolerant. ▪ Management of acute or intermittent pain, or in patients who require opioid analgesia for a short period of time. ▪ Management of post-operative pain, including use after out-patient or day surgery. ▪ Management of mild pain.
Specific Drug Interactions	▪ CYP3A4 inhibitors may increase fentanyl exposure. ▪ CYP3A4 inducers may decrease fentanyl exposure.
Use in Opioid-Tolerant	All doses of Duragesic are indicated for use in opioid-tolerant patients only.